

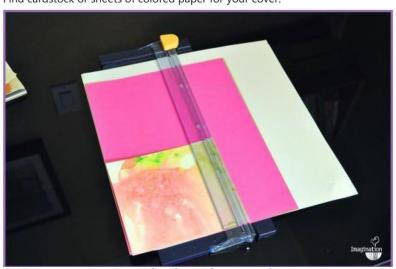
## **Handmade Journal**

All it takes is 4 easy steps!

## Materials Needed:

- Two sheets of cardstock or construction paper
- Copy or lined paper for filler
- Scissors or paper cutter
- Stapler
- Duct tape

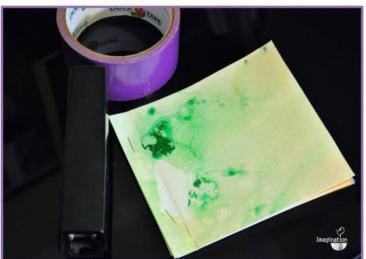
**1. Pick a cover.** Find cardstock or sheets of colored paper for your cover.



## 2. Cut your paper to make them the same size.

All your sheets of paper must be uniform in size. Use scissors or a safe paper cutter to cut your cover sheets and the filler sheets. Stack the sheets of paper so that the cardstock or construction paper is the first and last page.

## 3. Staple the edges.



4. Cover the staples with a piece of duct tape cut to size. Hide your staples by taping over them. Use one strip of duct tape and cover the spine of the book. The spine is the place where your staples can be seen.

